

**Ground Rules for Co-Parenting Sessions**

1. The session must be a safe place in which to express your concerns. To insure this safety, the following behaviors are required:
  - A. No yelling, name-calling, finger pointing, threatening, interrupting or other disrespectful behaviors are allowed.
  - B. Each person shall be able to express his or her thoughts and concerns without interruption. Each parent will have a full and equal opportunity to speak on every issue.
  - C. You can take a break at any time if you are feeling overwhelmed. If you are not willing to continue the session, then let the therapist know.
  - D. Each parent will allow the therapist to interrupt in order to ensure that the guidelines above are maintained. Each parent shall follow the therapist's direction in order to restore a safe co-parenting environment.
  - E. If at any time the therapist assesses that a safe co-parenting environment cannot be maintained, the therapist shall terminate the session.
  - F. The therapist may conduct individual sessions if the therapist determines it is necessary for one party move forward over an issue addressing or to processing it in order for the joint sessions to be productive.
  - G. If the level of conduct between the parties is very high, then arrival and departure protocols may be implemented at the therapist's discretion.
  - H. The focus must be maintained on the "Now" and the "Future" and not on the past.

I have read and agree to the co-parenting session ground rules.

---

Print Client Name	Signature	Date
-------------------	-----------	------

---

Print Client Name	Signature	Date
-------------------	-----------	------

---

Print Client Name	Signature	Date
-------------------	-----------	------

---

Print Client Name	Signature	Date
-------------------	-----------	------